UNTRY and TRACK & F.

he 2012-13 Men's & Women's **Cross Country and Track & Field** seasons proved to be another successful campaign for Dallas Baptist University. Led by eighth-year Head Coach Jacob Phillips, both the Men's & Women's Cross Country Teams continued their winning traditions, as each squad clinched the Heartland Conference Championship.

On the Women's side, DBU's conference title marked the sixth straight for the program, the longest current streak in NCAA Division II Women's Cross Country. DBU's victory at the Heartland Conference Cross County Championship in Wichita, Kansas, proved to be a dominant performance, as the team posted a perfect score of 15.

Leading the way for Dallas Baptist was sophomore Kelsey Bruce, who won her second consecutive Conference title and was named the Heartland Conference MVP. Freshman Anna Salazar finished second behind Bruce and was named the Freshman of the Year in the Heartland Conference. Junior Julie Durrwachter was the third to cross the line and earned All-Conference honors for the third consecutive season. Sophomores Sarah Rayas and Glynnis Meade placed fourth and fifth respectively and were also named to the All-Conference Team. Also named to the All-Conference Team was the sophomore trio of Tiffany Brown, Katie Mark, and Hanna Rice.

The DBU Women concluded their season at the NCCAA National Championships in Cedarville, Ohio, where they earned a 5th place showing in the field of 35 teams. Bruce continued her stellar sophomore season with a 5th place finish out of 255 runners and capped off her year with NCCAA All-American recognition.

On the Men's side, DBU claimed their fourth consecutive Heartland Conference Championship. Junior Joshua Pauley made school history, as he became the program's first-ever Men's Individual Champion. Freshman Chris Springer placed 3rd and was named the Freshman of the Year in the Heartland Conference, while junior Jacob Phillips placed 6th and earned his third straight All-Heartland Conference honor.

In Track and Field, Kelsey Bruce qualified for the Women's NCAA Outdoor Track and Field Championship in the 3000 Meter Steeplechase. Her school record time of 10:38, qualified her for the finals at the NCAA Championships, where she finished 11th overall. Jacob Phillips was the headliner on the Men's Track Team as he won the NCCAA Outdoor Track and Field National Championship in the 1500 Meters.

"We had another great year of Cross Country and Track & Field at DBU," stated Head Coach Jacob Phillips. "It's always easier to be successful when you have great kids who work hard and want to use the gifts that they have been blessed with. It also helps that we have such encouragement and support from the entire DBU family."

season HIGHLIGHTS

won 2nd Heartland Conference title:

SOPHOMORE

Kelsey Bruce

named Conference MVP; finished 11th in 3000M Steeplechase at NCAA Outdoor Track & Field Championship.

AS BAPTIS

JUNIOR Jacob Phillips won the NCCAA Outdoor Track & Field National Championship in 1500 Meters; named All-Heartland Conference.

en's and Women's Cross Country Teams claimed their fourth and sixth straight Heartland Conference Championships.

- nna Salazar named Heart-Aland Conference Freshman of the Year.
- ulie Durrwachter, Sarah Ravas, Glynnis Meade, Tiffany Brown, Katie Mark, and Hanna Rice named to Heartland All-Conference Team.

