



Continuing Success

Cross Country, Track and Field finish season with multiple championships

The Dallas Baptist University Cross Country and Track and Field programs enjoyed a successful 2011-2012 school year in which they won the Heartland Conference Cross Country Championships and were awarded seven NCCAA All-Americans in Track and Field.

Going into the 2011 cross country season, the Patriot Cross Country program had won four straight Women's Heartland Conference Championships and were the defending Men's Heartland Conference Champions. The conclusion of the 2011 season was much of the same, with the women winning their fifth-straight championship and the men winning their second.

"This was a great day for our program," said Head Coach Jacob Phillips. "We spoke a lot before these championships about racing as a team and putting team over self, and we did that this weekend. We showed that our strength is in numbers which is exactly what cross country is all about."

Leading the way at the Conference Championship in a dominating performance for the women was freshman Kelsey Bruce. For her efforts, Bruce was named Heartland Conference MVP and Heartland Conference Freshman of the Year. Also earning Heartland Conference Honors were senior Linet Kibet (3rd overall), freshman Glynnis Meade (4th overall), junior Ashley Spivey (6th overall), freshman Sarah Rayas (8th overall), freshman Tawnee Wimsatt (11th overall), and sophomore Julie Durrwachter (12th overall).

The men were led by senior Edwin Kiptoo's third place finish at the Confer-

ence Championships. Also earning Conference Honors were sophomore Joshua Pauley (7th overall), senior Zach Morgan (8th overall),

Cross Country

Women's Heartland Conference Champions
Men's Heartland Conference Champions
Heartland Conference MVP - Kelsey Bruce
Heartland Freshman of the Year - Kelsey Bruce
All-Heartland Conference Team -

Kelsey Bruce	Edwin Kiptoo
Linet Kibet	Joshua Pauley
Glynnis Meade	Zach Morgan
Ashley Spivey	Jacob Phillips
Sarah Rayas	
Tawnee Wimsatt	
Julie Durrwachter	

NCCAA Indoor National Championship

All-American - Hannah Rice (Mile Run)
Glynnis Meade (5000 M Run)

NCCAA Outdoor National Championship

National Champion - Kelsey Bruce (3000 M Steeple)
All-American - Kelsey Bruce (5000 M Run)
Glynnis Meade (10000 M Run)
Zach Morgan (10000 M Run)
Joshua Pauley (1500 M Run)

PATRIOTS

and sophomore Jacob Phillips (10th overall).

The success from the cross country season quickly transferred to the track season. During the Indoor Season, the Patriots saw school records in the Mile and 3000 Meter Run fall for the men with sophomore Joshua Pauley tearing up the track. Pauley ran times of 4:20.45 in the Mile (converted to 4:18 with altitude) and 8:43.13 in the 3000 Meter Run.

The Patriots also had two All-Americans at the NCCAA Indoor National Championships with freshmen Hannah Rice (Mile Run) and Glynnis Meade (5000 Meter Run) earning the awards.

The Outdoor Season came quickly with more great results. Freshman Kelsey Bruce continued her great year by being a provisional qualifier in the Women's 3000 Meter Steeplechase Run for the NCAA Championships.

Several other athletes made great runs as well, including Joshua Pauley who continued his assault on the Dallas Baptist University record books. Pauley

broke and re-broke the school record in the Men's 1500 Meter Run several times over the course of the season.

At the NCCAA Outdoor National Championships the Patriots earned a National Championship and five All-American Honors. Kelsey Bruce, named to the NCAA All-Region squad, was the National Champion in the Women's 3000 Meter Steeplechase and was All-American in the Women's 5000 Meter Run (second overall). Glynnis Meade earned her second career All-American honor with her third place finish in the Women's 10000 Meter Run.

On the men's side, senior Zach Morgan finished as the national runner-up in the Men's 10000 Meter Run, while sophomore Joshua Pauley was All-American in the Men's 1500 Meter Run (third overall).

"We had a great year. I am so pleased with the way our men and women prepared, competed, and carried themselves throughout the year," said Coach Phillips.



Freshman leads the way for Patriots

The Patriots Cross Country team raced 11 freshmen this season. Despite being a young team, the Patriots ended the season with multiple honors and awards, thanks in part to freshman standout Kelsey Bruce. Bruce was named NCAA All-Region for her performance in the Women's 500 Meter and Women's 3000 Meter Steeplechase, which also earned her a Top-25 National Ranking in NCAA Division II and left her as the 4th ranked freshman in the country.

"Kelsey is a young lady who isn't afraid of dreaming big," said Head Coach Phillips. "I believe she can be not just one of the top runners in our conference, but in the country, regardless of division."

