Dallas Baptist University
RecLife Co-Ed Volleyball Rules

THE BASICS

1. Teams will consist of six players (three guys and three girls) on the court at one time. All Players must be a DBU student, faculty, or staff if not your team will be forced to forfeit the game, or season.

2. Teams are always allowed to have more girls on the court than guys but teams can never have more guys than girls on the court.

3. If a team does not have the correct number of players they will be allowed to play with four players (two guys and two girls).

4. The minimum number of players a team may have on the court at one time, without forfeiting, is four.

5. Each match will be played in a best two out of three format with a rally scoring system to twenty-one.

6. In order to win a game, a Team must win by two points.

7. Stats will be kept for the following categories: Blocks, Kills, and Aces.

PLAYING THE GAME

1. If a serve hits the net and goes over, the ball is still in play.

2. Teams are not allowed to block or attack on a serve.

3. Players on the serving team are not allowed to block the opposing team's view of the server by creating a wall in front of the net.

4. In order for a player to attack from the back row he/she must jump from behind the ten foot line.

5. Violations such as a lift or double hit will be called. If there is any disagreement, the Referee will make the final judgment.

For More Information Please Contact DBU RecLife at 214.333.5620
Visit www.dbu.edu/reclife for more information and updated standings and stats